



# CUSB Academy program

## Wednesday (from 17.00)

Check in and welcome aperitivo at CUSB Terrapieno

## Thursday

Theoretical and practical activities  
Typical lunch + City tour (Group A+B)  
Scrimmage games vs La Fotta + Shout  
Typical dinner in Trattoria

## Friday

Theoretical and practical activities  
Typical lunch + City tour (Group C+D)  
Scrimmage games vs La Fotta + Shout MIXED

Do not forget:  
Cleats, running shoes, disc, water bottle, cap, mask!

## Saturday

Theoretical and practical activities  
Academy Tournament  
Inclusivity workshop  
Swimming pool  
Final party

## Sunday

Academy Tournament  
Lunch and end of the camp!

**CONTACTS:** Marco Barattini +39 346 798 1587 | Chiara Frangipane +39 327 70 31167 | Davide Morri +39 333 406 4008



# CUSB Academy places

Find out all the Academy places at [Academy My Map](#)

## Sports facilities

- **CUSB Terrapieno:** Via del Carpentiere, 44
- **CUSB Record:** Via del Pilastro, 8
- **Tamburini (Scandellara):** Via Scandellara, 52

## Restaurants

- **Scuderia:** Piazza Giuseppe Verdi, 2
- **Trattoria Lambrusco:** Via Ferruccio Garavaglia, 5/B

## Staying

- **Bologna Camping Village:** Via Romita, 12/4a
- **Bike rental Dynamo:** Via dell'Indipendenza, 71/l

[Go to MY MAPS](#)





# CUSB Academy groups

## Red Group A

- Alexander Holzi Spahlholz
- Charlotte Terrasson
- Max Obermayer
- Andrea Montanari
- Steffen Linnemannstöns
- Christina Obermayer
- Konstanze Lehninger
- Lau Harbo Kristiansen
- Matteo Beltramo
- Michal Ivanisko
- Maria Ferrero
- Eleonora Lubisco
- Lucas Bouchon
- Pietro Antonio Bambina
- Zeno Alberto Comirato
- Kamila Zágorová
- Giulia Polazzi
- Sebastian Rossi
- Maximilian Schmied
- Leon Vitaliano

## White Group B

- Sébastien Page
- Tekla Emborg
- Simon Scheer
- Vojtěch Sládek
- Martino Tonelli
- Letizia Gatti
- Hanna Dienstbier
- Hannes Hui
- Kristian Hulemose
- Caterina Buoso
- Camille Bernier
- Gustav Kristiansen
- Alessandro Pasquale Siviglia
- Giuseppe Lobaccaro
- Maria Sophia Marrero
- Anastasija Floris
- Sarah Schromová
- Cecilia Francardo
- Sebastian Fuchs

## Green Group C

- Nikolaus Rapottnig
- Christian Egger
- Jonathan Meyer-Bothling
- Elena Pozzi
- Flora Scala
- Andrea Santoro
- Lorenz Köllbichler
- Riccardo Monti
- Susanna Casarini
- Lavinia Recchioni
- Frederik Uth
- Elia Cassetta
- Mario Chioatto
- Žiga Orešič
- Anna Dvorakova
- Emma Collina
- Lucia Pekárová
- Elisa Cappucci
- Clemens Schwarenthorer
- Louis Brunner

## Blue Group D

- Loïk De Clerck
- Davide Rota
- Adrian Collantes
- Anja Manninger
- Aurèle Lesslauer
- Søren Poulsen
- Raphael Blumenbach
- Francesco Alberto Polimeni
- Martina Rolandi
- Margherita Giovannini
- Anton Hejlesen
- David Barzasi
- Simone Bortolai
- Elias Bohnec Mernik
- Helle Rørvang
- Clara Amalia Lazzaris
- Karin Estokova
- František Vilímek
- Marco Tintori

# THURSDAY

Time	Group Red (A)	Gruppo White (B)
8.30-9.00	Coaches and players presentation Explanation of the program and logistic issue <b><u>CUSB Terrapieno</u></b>	
9.00-10.30	Field - Based Ultimate Frisbee Conditioning (Prof. Di Michele - Martinelli - Laffi) <b><u>Record Meeting Room</u></b> + Field practice <b><u>Tamburini Scandellara</u></b>	
10.30-12.00	Field-based Ultimate Frisbee Conditioning (Di Michele - Martinelli - Laffi) <b><u>Record Meeting Room</u></b> + Field practice at <b><u>Tamburini Scandellara</u></b> )	
12.00-14.30	Moving to the Center and Lunch Break in the University area at RISTORANTE <b>SCUDERIE</b> Piazza Verdi Center of Bologna (Ceschi - Santucci)	
14.30-17.30	University and City Center Tour (Ceschi - Santucci)	
17.30-19.00	Offensive Tactics and Strategy (Morri - Gerosa) <b><u>Tamburini Scandellara</u></b>	Offensive Tactics and Strategy (Pancotti - Santucci) <b><u>Tamburini Scandellara</u></b>
19.00-20.30	SCRIMMAGE GAME with Fotta and Shout (Women Games at <b><u>CUSB Terrapieno</u></b>   Open Games at <b><u>Tamburini Scandellara</u></b> )	
20.30-21.15	Shower time <b><u>CUSB Record</u></b>	
21.15-23.30	DINNER IN THE TYPICAL TRATTORIA OF BOLOGNA	

# THURSDAY

Time	Group Green (C)	Gruppo Blue (D)
8.30-9.00	Coaches and players presentation Explanation of the program and logistic issue <b><u>CUSB Terrapieno</u></b>	
9.00-10.30	Offensive Tactics and Technique (Mastroianni - Morri) <b><u>CUSB Terrapieno Synthetic Turf</u></b>	Defensive Tactics and Technique (Santucci - Pancotti) <b><u>CUSB Terrapieno Synthetic Turf</u></b>
10.30-12.00	Defensive Tactics and Technique (Santucci - Pancotti) <b><u>CUSB Terrapieno Synthetic Turf</u></b>	Offensive Tactics and Technique (Mastroianni - Morri) <b><u>CUSB Terrapieno Synthetic Turf</u></b>
12.00-14.30	<b>Lunch Break at CUSB Terrapieno</b>	
14.30-16.00	Strength and Power training for Ultimate Frisbee (Negrini - Vaccari) <b><u>CUSB Record Meeting Room</u></b>	
16.00-17.30	Strength and Power training for Ultimate Frisbee (Negrini - Vaccari - Gerosa) <b><u>CUSB Terrapieno Gym</u></b>	Offensive Tactics and Strategy (Laffi - Farolfi) <b><u>CUSB Terrapieno Synthetic Turf</u></b>
17.30-19.00	Offensive Tactics and Strategy (Laffi - Farolfi) <b><u>CUSB Terrapieno Synthetic Turf</u></b>	Strength and Power training for Ultimate Frisbee (Negrini - Vaccari - Gerosa) <b><u>CUSB Terrapieno Gym</u></b>
19.00-20.30	SCRIMMAGE GAME with Fotta and Shout (Women Games at <b><u>CUSB Terrapieno</u></b>   Open Games at <b><u>Tamburini Scandellara</u></b> )	
20.30-21.15	Shower time <b><u>CUSB Record</u></b>	
21.15-23.30	DINNER IN THE TIPICAL TRATTORIA OF BOLOGNA	

**FRIDAY**

Time	<b>Group Red (A)</b>	<b>Gruppo White (B)</b>
9.00-10.30	Offensive Tactics and Technique (Mastroianni - Morri) <b><u>CUSB Terrapieno Synthetic Turf</u></b>	Defensive Tactics and Technique (Santucci - Pancotti) <b><u>CUSB Terrapieno Synthetic Turf</u></b>
10.30-12.00	Defensive Tactics and Technique (Santucci - Pancotti) <b><u>CUSB Terrapieno Synthetic Turf</u></b>	Offensive Tactics and Technique (Mastroianni - Morri) <b><u>CUSB Terrapieno Synthetic Turf</u></b>
12.00-14.30	Lunch Break at <b>CUSB Terrapieno</b>	
14.30-16.00	Strength and Power training for Ultimate Frisbee (Negrini - Vaccari) <b><u>Theoretical Lesson CUSB Record Meeting Room</u></b>	
16.00-17.30	Strength and Power training for Ultimate Frisbee (Negrini - Vaccari - Gerosa) <b><u>CUSB Terrapieno Gym</u></b>	Offensive Tactics and Strategy (Laffi - Farolfi) <b><u>CUSB Terrapieno Synthetic Turf</u></b>
17.30-19.00	Offensive Tactics and Strategy (Laffi - Farolfi) <b><u>CUSB Terrapieno Synthetic Turf</u></b>	Strength and Power training for Ultimate Frisbee (Negrini - Vaccari - Gerosa) <b><u>CUSB Terrapieno Gym</u></b>
19.00-20.45	SCRIMMAGE GAME (3 games of 30 min) with Fotta and Shout MIX DIVISION at <b><u>CUSB Terrapieno Synthetic Turf</u></b> + <b><u>Tamburini Scandellara</u></b>	
20.45-21.30	Shower time <b><u>CUSB Record</u></b>	
21.30-23.30	DINNER AT THE ARBORETO GARDEN <b><u>CUSB Terrapieno</u></b>	

# FRIDAY

Time	Group Green (C)	Gruppo Blue (D)
8.30-9.00	Coaches and players presentation Explanation of the program and logistic issue <b><u>CUSB Terrapieno</u></b>	
9.00-10.30	Field - Based Ultimate Frisbee Conditioning (Prof. Di Michele Rocco - Martinelli - Laffi) <b><u>CUSB Record Meeting Room</u></b> + Field practice <b><u>Tamburini sport center (via scandellara)</u></b>	
10.30-12.00	Field-based Ultimate Frisbee Conditioning (Prof. Di Michele - Martinelli - Laffi) <b><u>CUSB Record Meeting Room</u></b> + Field practice at <b><u>Tamburini sport center (via Scandellara)</u></b>	
12.00-14.30	Moving to the Center and Lunch Break in the University area at RISTORANTE <b>SCUDERIE</b> Piazza Verdi Center of Bologna (Ceschi - Santucci)	
14.30-17.30	University and City Center Tour (Ceschi - Santucci)	
17.30-19.00	Offensive Tactics and Strategy (Morri - Gerosa) <b><u>Tamburini Scandellara</u></b>	Defensive Tactics and Strategy (Mastroianni- Santucci) <b><u>Tamburini Scandellara</u></b>
19.00-20.45	SCRIMMAGE GAME with Fotta and Shout (Women Games at <b><u>CUSB Terrapieno</u></b>   Open Games at <b><u>Tamburini Scandellara</u></b> )	
20.45-21.30	Shower time <b><u>CUSB Record</u></b>	
21.30-23.30	DINNER AT THE ARBORETO GARDEN   <b><u>CUSB Terrapieno</u></b>	

## SATURDAY

Time	Group Red (A)	Gruppo White (B)
9.00-10.00	Defensive Tactics and Technique (Pancotti - Ceschi) <b><u>CUSB Terrapieno Synthetic Turf</u></b>	Defensive Tactics and Technique (Farolfi - Laffi) <b><u>CUSB Terrapieno Synthetic Turf</u></b>
10.00-11.00	Defensive Tactics and Technique (Farolfi - Laffi) <b><u>CUSB Terrapieno Synthetic Turf</u></b>	Defensive Tactics and Strategy (Morri - Gerosa) <b><u>CUSB Terrapieno Synthetic Turf</u></b>
11.00-11.30	Preparation for the tournament and meeting at the fields for the different teams	
11.30-12.30	MIX TOURNAMENT FIRST ROUND AT <b><u>CUSB Terrapieno Synthetic Turf</u></b> + <b><u>Tamburini Scandellara</u></b>	
12.30-13.30	Lunch Break at <b><u>CUSB Terrapieno</u></b>	
13.30-14.30	MATCH ANALYSIS OF HIGH LEVEL GAME (Davide Morri) <b><u>CUSB Record Meeting Room</u></b>	
14.30-15.30	INCLUSIVITY WORKSHOP (Ceschi - Frangipane - Santucci - Laffi) <b><u>CUSB Record Basketball Gym</u></b>	
15.30-16.00	Preparation for the afternoon activities	
16.00-17.00	Defensive Tactics and Technique (Pancotti - Ceschi) <b><u>CUSB Terrapieno Synthetic Turf</u></b>	Offensive Tactics and Technique (Farolfi - Laffi) <b><u>CUSB Terrapieno Synthetic Turf</u></b>
17.00-18.00	Offensive Tactics and Technique (Farolfi - Laffi) <b><u>CUSB Terrapieno Synthetic Turf</u></b>	Defensive Tactics and Strategy (Morri - Gerosa) <b><u>CUSB Terrapieno Synthetic Turf</u></b>
18.00-19.00	MIX TOURNAMENT SECOND ROUND AT <b><u>CUSB Terrapieno Synthetic Turf</u></b> + <b><u>Tamburini Scandellara</u></b>	
19.00-20.00	Swimming pool time at <b><u>CUSB Record</u></b> for TEAM San Luca - Two Towers - Neptune	
20.00-21.00	Swimming pool time at <b><u>CUSB Record</u></b> for TEAM Lasagne - Tagliatelle - Tortellini	
21.00-21.30	Shower time <b><u>CUSB Record</u></b>	
21.30-23.30	DINNER AND PARTY AT THE <b><u>CUSB Terrapieno</u></b>	



## SATURDAY

Time	Group Green (C)	Gruppo Blue (D)
9.00-10.00	Defensive Tactics and Strategy (Morri - Gerosa) <b><u>Tamburini Scandellara</u></b>	Defensive Tactics and Strategy (Mastroianni - Santucci) <b><u>Tamburini Scandellara</u></b>
10.00-11.00	Defensive Tactics and Strategy (Mastroianni - Santucci) <b><u>Tamburini Scandellara</u></b>	Defensive Tactics and Technique (Pancotti - Ceschi) <b><u>Tamburini Scandellara</u></b>
11.00-11.30	Preparation for the tournament and meeting at the fields for the different teams	
11.30-12.30	MIX TOURNAMENT FIRST ROUND AT <b><u>CUSB Terrapieno Synthetic Turf</u></b> + <b><u>TAMBURINI FIELD</u></b>	
12.30-13.30	Lunch Break at <b><u>CUSB Terrapieno</u></b>	
13.30-14.30	MATCH ANALYSIS OF HIGH LEVEL GAME (Davide Morri) <b><u>CUSB Record Meeting Room</u></b>	
14.30-15.30	INCLUSIVITY WORKSHOP (Ceschi - Frangipane - Santucci - Laffi) <b><u>CUSB Record Basketball Gym</u></b>	
15.30-16.00	Preparation for the afternoon activities	
16.00-17.00	Defensive Tactics and Strategy (Morri - Gerosa) <b><u>Tamburini Scandellara</u></b>	Defensive Tactics and Strategy (Mastroianni - Santucci) <b><u>Tamburini Scandellara</u></b>
17.00-18.00	Offensive Tactics and Strategy (Mastroianni - Santucci) <b><u>Tamburini Scandellara</u></b>	Offensive Tactics and Technique (Pancotti - Ceschi) <b><u>Tamburini Scandellara</u></b>
18.00-19.00	MIX TOURNAMENT SECOND ROUND AT <b><u>CUSB Terrapieno Synthetic Turf</u></b> + <b><u>Tamburini Scandellara</u></b>	
19.00-20.00	Swimming pool time at <b><u>CUSB Record</u></b> for TEAM San Luca - Two Towers - Neptune	
20.00-21.00	Swimming pool time at <b><u>CUSB Record</u></b> for TEAM Lasagne - Tagliatelle - Tortellini	
21.00-21.30	Shower time <b><u>CUSB Record</u></b>	
21.30-23.30	DINNER AND PARTY AT THE <b><u>CUSB Terrapieno</u></b>	

## SUNDAY

Time	Group Red (A)	Gruppo White (B)	Group Green (C)	Group Blue (D)
9.00 - 10.30	OPEN AND WOMEN GAMES (Women Games at <u>CUSB Terrapieno Synthetic Turf</u>   Open Games at <u>Tamburini Scandellara</u> )			
10.30 - 11.30	TOURNAMENT THIRD ROUND <u>CUSB Terrapieno Synthetic Turf</u> + <u>Tamburini Scandellara</u>			
11.30 - 12.30	TOURNAMENT FOURTH ROUND <u>CUSB Terrapieno Synthetic Turf</u> + <u>Tamburini Scandellara</u>			
12.30 - 13.30	TOURNAMENT FIFTH ROUND <u>CUSB Terrapieno Synthetic Turf</u> + <u>Tamburini Scandellara</u>			
13.30 - 14.30	Lunch Break at <u>CUSB Terrapieno</u>			
14.30 - 15.00	FINAL CERIMONY OF THE INTERNATIONAL ACADEMY <u>CUSB Terrapieno</u>			



# CUSB Academy Mixed Tournament

Saturday and Sunday

## TORTELLINI

Sebastiene Page  
Sebastian Rossi  
Davide Rota  
Andrea Montanari  
Steffen Linnemannstöns  
Hannes Hui  
Anton Hejlesen  
Elena Pozzi  
Camille Bernier  
Helle Rørvang  
Maria Ferrero  
Christina Obermayer

## LASAGNE

Nikolaus Rapottnig  
Elia Cassetta  
Francesco Polimeni  
Martino Tonelli  
Jonathan Meyer-Bothling  
Louis Brunner  
Lau Harbo Kristiansen  
Aurèle Lesslauer  
Letizia Gatti  
Anastasija Floris  
Anna Dvorakova  
Charlotte Terrasson  
Giulia Polazzi

## TAGLIATELLE

Christian Egger  
Mario Chioatto  
Simone Bortolai  
Lucas Bouchon  
Andrea Santoro  
Michal Ivanisko  
Frederik Uth  
Max Obermayer  
Lavinia Recchioni  
Susanna Casarini  
Lucia Pekárová  
Flora Scala  
Caterina Buoso

## NEPTUN

Vojtěch Sládek  
Sebastian Fuchs  
David Barzasi  
Matteo Beltramo  
Alessandro Siviglia  
Maximilian Schmied  
Gustav Kristiansen  
Leon Vitaliano  
Elisa Cappucci  
Karin Estokova  
Martina Rolandi  
Anja Manninger  
Tekla Emborg

## TWO TOWERS

Adrian Collantes  
Žiga Orešič  
Zeno Comirato  
Marco Tintori  
Simon Scheer  
František Vilímek  
Clemens Schwarenthorer  
Kristian Hulemose  
Margherita Giovannini  
Sarah Schromová  
Emma Collina  
Konstanze Lehninger  
Maria Sophia Marrero

## SAN LUCA

Søren Poulsen  
Riccardo Monti  
Alexander Spahlholz  
Giuseppe Iobaccaro  
Pietro Bambina  
Loïk De Clerck  
Elijas Bohneč Mernik  
Raphael Blumenbach  
Lorenz Köllbichler  
Clara Amalia Lazzaris  
Kamila Zágrová  
Eleonora Lubisco  
Hanna Dienstbier  
Cecilia Francardo



# CUSB Academy Mixed Tournament

Saturday and Sunday

ROUND	TIME	FIELD 1 TAMBURINI SCANDELLARA	FIELD 2 TAMBURINI SCANDELLARA	FIELD 3 CUSB TERRAPIENO
ROUND 1	Saturday 11.30 - 12.30	Tortellini - Lasagne	Tagliatelle - Neptun	Two towers - San Luca
ROUND 2	Saturday 18.00 - 19.00	Tortellini - Tagliatelle	Lasagne - San Luca	Neptun - Two Towers
ROUND 3	Sunday 10.30 - 11.30	Tortellini - Neptun	Lasagne - Two Towers	Tagliatelle - San Luca
ROUND 4	Sunday 11.30 - 12.30	Tortellini - Two Towers	Neptuns - San Luca	Lasagne - Tagliatelle
ROUND 5	Sunday 12.30 - 13.30	Tortellini - San Luca	Lasagne - Neptun	Tagliatelle - Two Towers

## RULES

- Game duration: 50 Min, Cap 1
- Mix Division
- One time out per team of 1 Minute
- Round robin format between the five teams who win more game win the tournament